

PEACOCK SCHOOLS AUTUMN/WINTER MENU 2025/26



Welcome **Flitch Green Academy** to your new menu we are excited to be providing freshly prepared school meals using the best and as locally sourced ingredients as possible. We would love to hear from you: gill@peacockschoolscatering.co.uk or sarah@peacockschoolscatering.co.uk

Week 1

2025 - 1/9, 15/9, 29/9, 13/10, 27/10, 10/11, 24/11, 8/12

2026 - 5/1, 19/1, 19/1, 2/2,

MONDAY

Chicken Goujons (G) with Sweet Chilli Sauce
Vegetable Nuggets (G) with Sweet Chilli Sauce
Baguette with Cheese, Ham or Tuna (G,D,F)
Crispy Cubed Potatoes, Sweetcorn, Coleslaw (E)
Orange Drizzle Cake (G,E) with Custard (D)



TUESDAY

Meatballs with a Tomato Sauce (Y)
Veggie Meatballs with a Tomato Sauce (G)
Baguette with Cheese, Ham or Tuna (G,D,F)
Rice, Carrots, Broccoli
Shortbread Biscuit (G)

WEDNESDAY

Roast Turkey with Yorkshire Pudding (E,D,G) & Gravy
Roasted Vegetable Tart (G,D)
Baguette with Cheese, Ham or Tuna (G,D,F)
Roast Potatoes, Vegetable Medley
Ice Cream (D) with Fruit Salad



THURSDAY

Homemade Pepperoni Pizza (G,D,S)
Homemade Cheese & Tomato Pizza (G,D,S)
Baguette with Cheese, Ham or Tuna (G,D,F)
Pasta, Sweetcorn, Mixed Salads
Chocolate Brownie (G,E)

FRIDAY

Battered Fish Fillet (F,G)
Salmon Bites (F,G) or Veggie Nuggets (G)
Baguette with Cheese, Ham or Tuna (G,D,F)
Chips, Peas, Baked Beans
Cooks Choice Cookie (G,D,E)

Week 2

2025 - 8/9, 22/9, 6/10, 3/11, 17/11, 1/12, 15/12

2026 - 12/1, 26/1, 9/2

MONDAY

Tomato Pasta Bake (G,D)
Macaroni Cheese (G,D)
Baguette with Cheese, Ham or Tuna (G,D,F)
Garlic Bread (G), Sweetcorn, Broccoli
Chocolate Crispy Cake (G)



TUESDAY

Pork Sausages (G,Y) with a BBQ Dip
Veggie Sausages (G) with a BBQ Dip
Baguette with Cheese, Ham or Tuna (G,D,F)
Jacket Potato Wedges, Baked Beans, Peas
Apple & Cinnamon Muffins (G,E)

WEDNESDAY

Roast Chicken with Yorkshire Pudding (E,D,G) & Gravy
Quorn Fillet (G) with Yorkshire Pudding (E,D,G) & Gravy
Baguette with Cheese, Ham or Tuna (G,D,F)
Roast Potatoes, Carrots, Cauliflower
Jelly with Fruit



THURSDAY

Sticky Chicken (S)
Sweet & Sour Vegetable Stir Fry (G)
Baguette with Cheese, Ham or Tuna (G,D,F)
Noodles (G,E), Sweetcorn, Green Beans
Vanilla Cupcakes (G,E)

FRIDAY

Golden Fishfingers (F,G)
Cheese & Tomato Quiche (G,D,E)
Baguette with Cheese, Ham or Tuna (G,D,F)
Chips, Peas, Baked Beans
Ice Cream (D) with Salted Caramel Sauce (S,D)



Available daily: Jacket Potatoes with Cheese (D), Beans, Tuna (F,E), Homemade Bread (G,D,S), Selection of Salads, Yoghurts (D), Fresh Fruit, Water. **Allergens key:** Gluten (G), Dairy (D), Eggs (E), Soya (S), Sesame (A), Mustard (M) – may contain*. Please speak to us if your child has an allergy.