



The Flitch Green Academy has teamed up with us at Peacock Schools Catering Ltd from 1st September 2025

We are a new company that focuses on quality, not profits. With many years' experience in the school meals service.

Bringing you the very best local ingredients at the very best possible price, cooked fresh on site every day.

Only the best is good enough for your child.

You can **TRUST** us to ensure a safe, nutritional meal that your child knows and loves.

We have reduced the level of Ultra Processed Foods and are working to remove them entirely. You will see menu items such as burgers and pizza along with the more traditional meals, but these are homemade from fresh ingredients.

Our menus have 'hidden' fruit and vegetables in the recipes, ensuring we contribute to your child's 'five a day'. Homemade bread and a self-serve salad bar complete our offer.

Peacock caters to Special dietary needs and allergies. We would be happy to meet with you to discuss your child's individual needs.

Contact

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School Lunches and Packed Lunches



There is much confusion regarding the benefits and nutritional value of a packed lunch versus a school lunch.

It is very tempting to choose a bright and appealing packed lunch box that is filled with things you believe your child will eat, but the benefits of having a home-cooked, nutritious meal at lunchtime are immense. You may find your child starts to eat things that you previously thought they would never even try, just because the new friends they are sitting next to are trying them.

Aside from this, children in Reception and years 1 and 2 eat free!

Saving you money and time.

Many Junior children are eligible for free meals, you may have applied for this before, but the criteria is changing, so it's well worth trying again.

<https://www.essex.gov.uk/schools-and-learning/schools/free-school-meals/apply-free-school-meals>

