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# The Flich Green Academy

## NEWSLETTER - 16th February 2024

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### **Principal's Message**

Half term has arrived. A short newsletter today as one was sent last Friday.

Huge well done to the inaugural Gold Award winners yesterday. Well deserved and it was lovely to see family members there applauding their achievements. Super role models in our school.

Class Moon's pavilion competition was hard to judge, so the anonymous voting was the best option - well done to all the children for their efforts. You can see photos on Twitter here:

### [Pavilion Competition](#)

Staff are at Dunmow St Mary's School in the morning and here at school in the afternoon for their INSET Day today. I hope you can make use of the extra day and perhaps visit somewhere that may be quieter than during half term.

Have a super break next week.

The next half term is very short at just 5 weeks and only 24 school days as we break for Easter the day before Good Friday, on Thursday 28 March.

Take care all.

Mr Burden.

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# Headteacher Award

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15th February 2024



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# Gold Award Winners

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The following children are the recipients of our new 'Gold' Awards for each class for this half-term.

We are very proud of them as I am sure you are too.

**Winners for this half term:**

Mercury - Mayra and Olivia

Pluto - Jasper and Kennedy

Venus - William and Phoebe

Saturn - Freddy and Mila

Jupiter - Grace and Dylan

Neptune - Beau and Barnaby

Mars - Lenny and Imogen

Moon - Isla and Buddy

Sun - Tahlia and Mathew

Comet - Rex and Sophia

Earth - Erin and Buddy

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# Curriculum

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Look out for curriculum updates here and via the classes through Google Classroom. Well done to all the children for their efforts this term so far.

SEND Update - Essex Local Offer Roadshows - please follow this link:

[SEND Roadshows](#)

Who the roadshows can help:

These are in person events for parents and carers of children and young people with special educational needs and disabilities.

Your child does not need a diagnosis for you to come and get help at a roadshow. You may:

- be new to SEND and unsure what help is available
- feel your child needs help or have questions about the support they already receive
- want to find out what support there is for you as a parent or carer
- not be sure what support you might need

# Attendance

This week's class winner is Jupiter with 98.15%

Attendance for the half term - the winner is Neptune with 96.85%. Both classes received certificates in assembly today.

School attendance for the year stands at 93.47%, it has risen slightly this term. We hope that continues.



For the spring term only - 94.01%. The national average for primary schools up to 26/1/24 was 94.7%. Currently, we are over 1% below the NA.



Essex County Council  
Education

## GOOD TIMEKEEPING

**What to do the night before:**

- Get everything you need for school ready 
- Set your alarm allowing plenty of time 
- Make your lunch and drink if you bring a packed lunch to school 
- Turn off devices half an hour before bedtime 
- Have a good night's sleep - a minimum of eight hours! 

**Five minutes late per day soon adds up to three days of lost school time**

For mental health support for young people visit: [www.youngminds.org.uk](http://www.youngminds.org.uk)

# What to do

## Advice on childhood illnesses



Go to school; if needed, get treatment as required



Some restrictions for school attendance



Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
<b>Asthma flare up</b>	Worsening of usual symptoms	➤	Follow your care plan	Stay off school if feeling too unwell
<b>Chicken pox</b>	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters		Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
<b>Common cold</b>	Runny nose, sneezing, sore throat	➤➤	Pharmacy	Ensure good hand hygiene
<b>Conjunctivitis</b>	Teary, red, itchy, painful eye(s)	➤➤	Pharmacy	Try not to touch eye to avoid spreading*
<b>Flu</b>	Fever, cough, sneezing, runny nose, headache, body aches and pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene*
<b>German measles/Rubella</b>	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards	●	GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
<b>Glandular fever</b>	High temperature, swollen glands, sore throat; usually more painful than any before	➤➤	GP	*
<b>Hand, foot &amp; mouth disease</b>	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)	➤➤	GP	Attend school while monitoring symptoms
<b>Head lice</b>	Itchy scalp (may be worse at night)	➤➤	Pharmacy	
<b>Impetigo</b>	Clusters of red bumps or blisters surrounded by area of redness	●	GP	Back to school when lesions crust or 48 hours after start of antibiotics
<b>Measles</b>	Fever, cough, runny nose, watery inflamed eyes, rash	●	GP	Back to school four days from on-set of rash, and if feeling well enough
<b>Ringworm</b>	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty	➤➤	Pharmacy	
<b>Scabies</b>	Itching rash, commonly between fingers, wrists, elbows, arm	➤➤	GP	Back to school after first treatment
<b>Scarlet fever</b>	Fever, unwell, red tongue, sandpaper rash	●	GP	Exclusion period during first 24 hours of antibiotics*
<b>Shingles</b>	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash		GP	Only stay off school if rash is weeping and cannot be covered
<b>Sickness bug/diarrhoea</b>	Stomach cramps, nausea, vomiting and diarrhoea		Pharmacy	Contact GP if symptoms persist after 48 hours
<b>Threadworms</b>	Intense itchiness around anus	➤➤	Pharmacy	Ensure good hand hygiene
<b>Tonsillitis/Strep throat</b>	Intense sore throat for more than 1 day	➤➤	Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow. Only need to stay off school if feeling too unwell
<b>Whooping cough</b>	Violent coughing, with a 'whoop'	●	GP	Exclusion period during first five days of antibiotics
<b>Covid</b>				Visit <a href="https://www.nhs.uk">www.nhs.uk</a> for latest guidance

\*Attend school while monitoring symptoms.

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your pharmacy or GP to check.

Working in partnership with

Should my child go to school/nursery today?  
Hertfordshire and West Essex Healthier Together for further information  
<https://www.hwehealthiertgether.nhs.uk/parents/carers>





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# Governor Parent Surgery

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## **REMINDER**

A school Governing Body provides support and challenge to a school leadership team and staff, with oversight to ensure education, financial, people and strategic management, which is managed on a day to day basis by the Academy Leadership Team, are carried out to a high standard. Most questions that you have about the school can be answered by your child's class teacher or by contacting Mr Burden.

The Governors will hold our third **parent surgery on Thursday 29th February at 08.30- 09.00 and 15.00-15.30.**

This will take place in the small hall.

### ***What is a Governor/Parent Surgery?***

A chance for parents to talk openly to Governors informally. We are always here to listen. We will be located in the small hall during the times above . If you cannot make this date we are always happy to hear from you if you have a question or comment about the Academy. Please email Carly Bucknell, Chair of Governors via [admin@flitchgreen.net](mailto:admin@flitchgreen.net) or contact c/o Fritch Green Academy school office.



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# Important Dates for Spring Term

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Monday 19th February to Friday 23rd February - HALF TERM

Monday 26th February - Pupils return to school

Wednesday 6th March - Earth Class Assembly (9am)

Thursday 7th March - World Book Day (details to follow)

Monday 18th March - Year 4 Residential Information Meeting (15:30)

Wednesday 20th March - Book Fair starts

Thursday 21st March - Neptune Class Assembly (9am)

Saturday 23rd March - FFG Quiz Night

Monday 25th March - Year 6 Residential Information Meeting (16:00)

Tuesday 26th March - Parents Evening (15:30-19:30)

Wednesday 27th March - Parents Evening (15:30- 17:30)

Thursday 28th March - Term finished at 1pm.

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# Notices

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**Please remember to check the 'Community' tab of our website regularly, as we upload community groups and events that we hope you may be interested in.**

[www.theflitchgreenacademy.co.uk](http://www.theflitchgreenacademy.co.uk)

This week you can find information on:

Crossley Palmer Dance Classes

Notley Youth Football Club

Alex Hart Kaizen Karate and Kickboxing

February Half Term HAF information

MRFA February half term football camp

SCS February half term sports camp

Dunmow Carnival 2024

Braintree Dentist Information - NHS places available for children

Super Star February Half Term Sports Club

Ollie Foundation Art Day

Salad Days Magazine

Kizaround Magazine

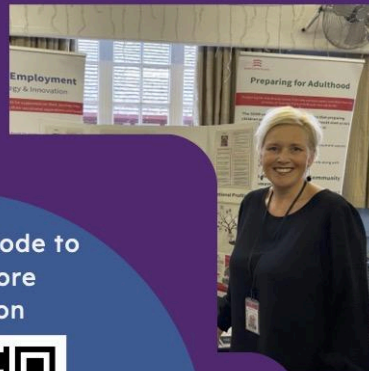
# Essex Local Offer Roadshows

Are you a parent/carer of a young person with special educational needs and disabilities (SEND) and want to know what support is available in your area? Come along to one of our Essex Local Offer Roadshows.

Meet representatives from across education, health and social care as well as local support groups.

No need to book, just drop in!

Parent/carer workshops will also be running. More information to follow soon.



Scan the QR code to  
find out more  
information



or go to  
[The Essex Local  
Offer Website](#)



In Partnership with



Join us...

Monday 4 March 2024

The Holiday Inn, Basildon

Thursday 7 March 2024

Hamptons Sports and Leisure,  
Chelmsford

Wednesday 13 March 2024

JobServe Community Stadium,  
Colchester

Tuesday 19 March 2024

The Harlow Hotel, Harlow

## COMMUNITY SCHOOL NURSE DROP IN SESSIONS

Drop-in sessions held once a month around the Uttlesford District, support and advice offered by a School Nurse and the 5-19 Healthy Family Support Practitioner.

Parents can ask advice about behaviour and emotional needs, bed wetting and soiling issues plus other health needs that may be impacting on both home and school life.

**SPANGLES FAMILY HUB**, St John's Rd, Stansted Mountfitchet, Stansted CM24 8JP

**15:30 – 17:00**

**9<sup>th</sup> January 2024**

**(Please note the date change above due to Christmas holiday)**

**2<sup>nd</sup> April 2024**

**2<sup>nd</sup> July 2024**

**DORDAN PAVILLION** The Causeway, Dunmow CM6 2AA

**15:30 – 17:00**

**7<sup>th</sup> February 2024**

**8<sup>th</sup> May 2024**

**SAFFRON WALDEN HOSPITAL** Radwinter Rd, Saffron Walden

**Clinic Room outpatients department 15:30 – 17:00**

**5<sup>th</sup> March 2024**

**4<sup>th</sup> June 2024**

