

# THE FLITCH GREEN

ACADEMY

*Learning for Life*

## PSHE

*Making sure children and young people have the skills they need to grow up as healthy individuals who make informed decisions about their lives.*

*– Anne Longfield*

### Intent:

At The Flitch Green Academy, it is our intent that all pupils will leave us with the knowledge, understanding and resilience to play an active role in today's diverse society. Through our PSHE curriculum, we help children to understand and value how they, and others, contribute to the world. We have a strong emphasis on emotional well being and promote respect and tolerance for those who choose to live their lives differently. Our relationships and sex education enables our children to learn how to develop respectful and healthy relationships, a understanding of keeping safe online alongside an essential understanding of how to keep healthy.

### Implementation

PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.

Pupils are taught PSHE using 'Jigsaw' which is a spiral, progressive scheme of work, covering all of the above and 'aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'. There is a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health.

Where it has been identified, through pupil voice and parental feedback, that specific topics are required to be taught these are supported through Premier League Primary Stars and Kapow Primary.

At The Flitch Green Academy, in addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this we

teach about different kinds of relationships, including same sex relationships, and gender identity because it is important that our children should have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain. The Sex Education aspects of PSHE are also taught the 'Jigsaw' and The Medway Primary PSHE Education. The resources used across all year groups have been quality assured by the PSHE Association.

PSHE is taught through Jigsaw's six half termly themes with each year group studying the same unit at the same time (at their own level):

Autumn 1: Being Me in My World

Autumn 2: Differences (including anti-bullying)

Spring 1: Dreams and Goals

Spring 2: Healthy Me

Summer 1: Relationships

Summer 2: Changing Me (including Sex Education)

PSHE at The Fritch Green Academy is taught weekly. Teachers are provided with detailed lesson plans which ensure that support can be provided for all pupils within a lesson. Pupils with Special Educational Needs are supported by use of additional adults in the classroom, being provided with alternative ways of recording their work, using iPads to capture their views for class discussions. Pupil Premium children, who have been identified as requiring additional support within this lessons are supported through personalised group or one-to-one sessions with our pupil premium lead.

Each session that is taught is recorded through the use of a floor book, classes complete their learning in many different ways including the use of drama, circle time and some written activities. Evidence of these are gathered and then displayed within the floor book for children to look through to recap previous learning. Within these floor books, there is evidence of children's discussions and both pre and post assessments to demonstrate the progress across a unit of work.

Children's knowledge and understanding of the PSHE curriculum is assessed using the assessment rubric created by Jigsaw. This supports teachers judgement as to if a child is working at basic, advancing or deep within this subject.

Emotional regulation is taught explicitly through 'Zones of Regulation'. Teachers will introduce the concept using a block of 6 lessons planned by the SENCo. These will then be reinforced regularly throughout the week in the form of regular emotion 'check in', zones of regulation displays and all staff using consistent emotional language across the Academy.

## Impact

By the time our children leave The Fritch Green Academy they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity

- be able to understand and manage their emotions
- be able to look after their mental health and well-being
- be able to develop positive, healthy relationship with their peers both now and in the future.
- understand the physical aspects involved in RSE at an age appropriate level
- have respect for themselves and others.

The impact of our PSHE curriculum will be monitored through the following ways:

- Termly Pupil Voice questionnaires
- Annual Parental survey
- Termly Teacher Assessments
- Evidence of PSHE lessons through learning walks and floor books.