



The Fritch Green Academy

NEWSLETTER - 9th February 2024

Principal's Message

Just 4 school days until the half-term break as next Friday we have a non pupil day. This INSET day sees the DEEP (Dunmow Excellence in Education Partnership) Schools come together as a group. We are meeting at Dunmow St Mary's School to receive CPD on learning and the curriculum.

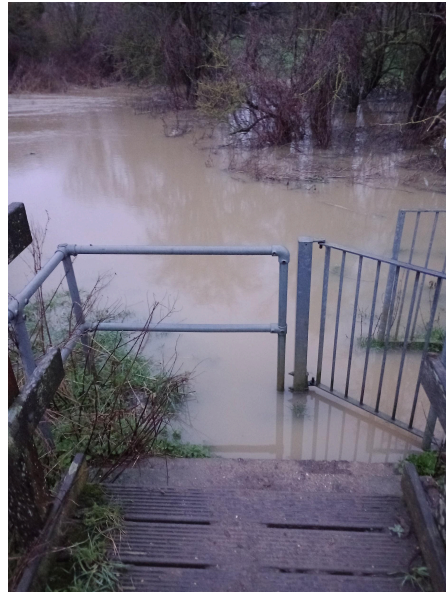
During the past two Monday's assemblies I have explored learning attitudes (Growth Mindset) and the idea that a school is the sum of its parts. For Growth Mindset, I presented the school with a problem to solve - you can see it in the curriculum section. The point being that not giving up and attempting to try and solve the problem was very important, even if a solution could not be found (but it was!).

When discussing the school we spoke about the role of adults and children, different year groups, different subjects, and most importantly different people. We are the sum of our parts and stronger together.

After run club on Wednesday I found myself completing a rather unusual task! The heavy overnight rain led to 100s of worms surfacing and sadly for them they ended up on the tarmac surface of the MUGA. Without the right drilling equipment they were rather stranded! So before the 'fast feet' at break time Miss Roberts and I moved them to our garden area.

Safer Internet Day was shared with the children on Tuesday, it is a message we will keep returning to. The 'online' world is not going away and equipping our children with the navigational skills they need to ensure they are safe is vital. One of our governors visited last week to discuss pupil well being with staff and of course children. Internet safety was part of the discussion.

My training for the marathon continues; I managed a 30km run home on Monday and ran 70km in total the week before. Today's commute to school was quite a challenge only 400m from the school.....



The children continue to run around the track which is great to see. 10 weeks on Sunday now, so getting closer.

Quite a few events are coming up, reminders in the curriculum section.

This half term will see our inaugural 'Gold' awards. Two pupils per class will receive a certificate and wrist band for their attitude and effort for the whole half term. Parents / Carers for the winners will be notified and are welcome to attend our Celebration Assembly that day - which next week will be on Thursday, at 09:00 due to the NPD on Friday.

Have a super weekend all.

Mr Burden.

Headteacher Award

2nd February 2024



9th February 2024

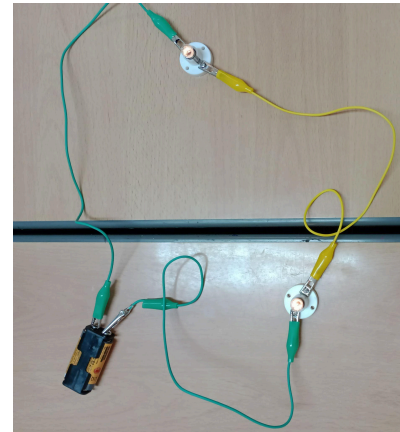
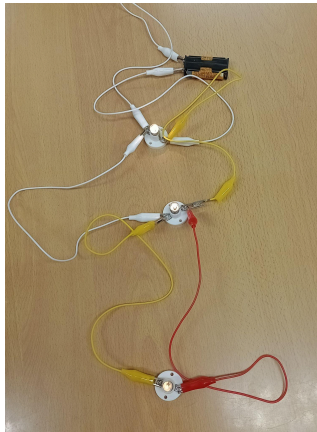


Curriculum

Pluto and Mercury Class gave a splendid rendition of 'We are Going on a Bear Hunt' in assembly today - they learned the actions and lines from the book very well. Great effort YR.

Neptune and Mars are continuing to enjoy their Forest School sessions.

Y6 has been learning about electricity in science, including building series and parallel circuits. Y6 also had a very rewarding experience at Duxford this week, exploring most of the hangers as they learn about WWII. They were complimented on their behaviour by members of the public which is always great to hear.



Assembly Problem to solve (the canoe cannot paddle itself and neither can the supplies paddle!):

Four Adventurers and a Small Canoe



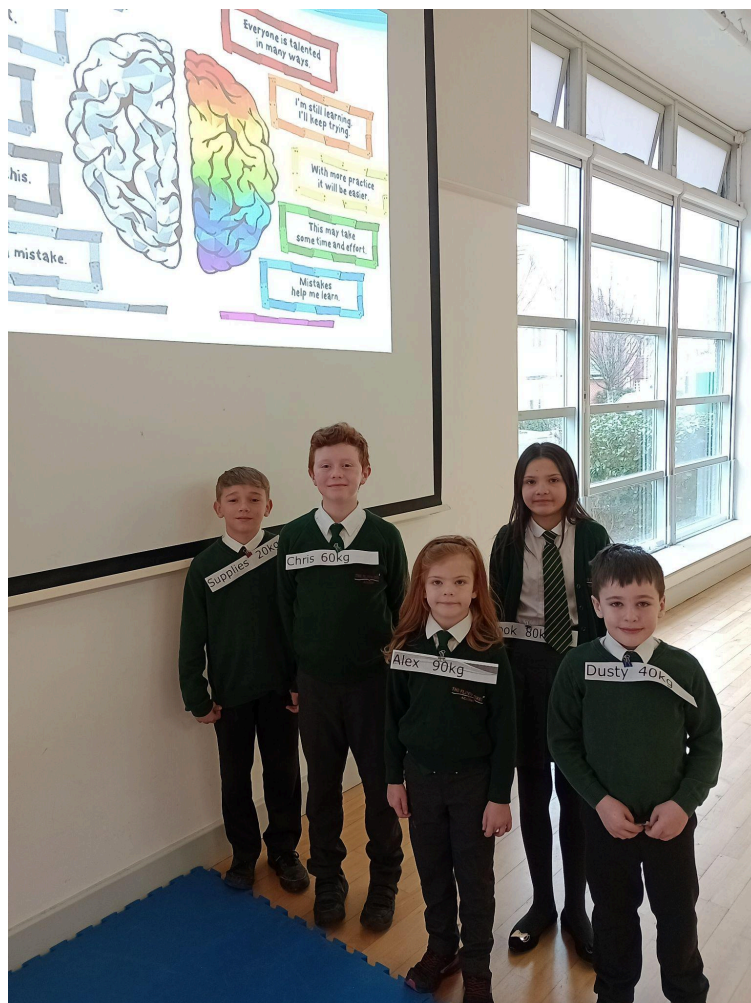
The Puzzle:

Four adventurers (Alex, Brook, Chris and Dusty) need to cross a river in a small canoe.

The canoe can only carry 100kg.

Alex weighs 90kg, Brook weighs 80kg, Chris weighs 60kg and Dusty weighs 40 kg, and they have 20kg of supplies.

How do they get across?



Attendance

School attendance stands at 93.47%

For this term only it is 94.13%?

A reminder that the gate closes at 08:40. After the last reminder about this we did see a big improvement in punctuality. Please try to ensure children arrive on time to help them settle into the school day.

We will hand out 98 Club stickers at the end of the spring term.

Class attendance winners since the last newsletter:

Week 19 29/1/24 (5 days)	Class Neptune	98.21%
Week 20 5/2/24 (5 days)	Class Moon	96.43%



Essex County Council Education

GOOD TIMEKEEPING

What to do the night before:

- Get everything you need for school ready
- Set your alarm allowing plenty of time
- Make your lunch and drink if you bring a packed lunch to school
- Turn off devices half an hour before bedtime
- Have a good night's sleep - a minimum of eight hours!

Five minutes late per day soon adds up to three days of lost school time

For mental health support for young people visit: www.youngminds.org.uk

What to do

Advice on childhood illnesses



Go to school; if needed, get treatment as required



Some restrictions for school attendance



Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flare up	Worsening of usual symptoms		Follow your care plan	Stay off school if feeling too unwell
Chicken pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters		Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat		Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)		Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneezing, runny nose, headache, body aches and pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene*
German measles/Rubella	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards		GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more painful than any before		GP	*
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)		GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at night)		Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness		GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, watery inflamed eyes, rash		GP	Back to school four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty		Pharmacy	
Scabies	Itching rash, commonly between fingers, wrists, elbows, arm		GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tongue, sandpaper rash		GP	Exclusion period during first 24 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash		GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea		Pharmacy	Contact GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus		Pharmacy	Ensure good hand hygiene
Tonsillitis/Strep throat	Intense sore throat for more than 1 day		Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow. Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'		GP	Exclusion period during first five days of antibiotics
Covid				Visit www.nhs.uk for latest guidance

*Attend school while monitoring symptoms.

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your pharmacy or GP to check.

Working in partnership with

Should my child go to school/nursery today?
Hertfordshire and West Essex Healthier Together for further information
<https://www.hwehealthiertgether.nhs.uk/parents/carers>



School Games

We have 16 children attending a dance festival in Saffron Walden after half term - they have been busy practicing. Media group will run an article about this. We also have a football tournament for boys and girls after half term - watch out for further details. As the weather improves we will have some friendly games too.

Children are still completing laps of the running track as they aim for the marathon distance. Quite a few tally charts in KS2 show children have run a half marathon already. Great effort!

Media Group

On Tuesday, the school was learning about how to be safe on the internet. We had an assembly with Mrs Evans about it and also received lessons in class.

This year's theme was AI, which is short for artificial intelligence. During the assembly, the children learned about different ways we use the internet and how it has evolved.

In lessons, the children learned what artificial intelligence is and where and when we use it. AI is used in a lot of modern day objects including: face recognition, Siri / Alexa, recommended videos on YouTube and Facebook. We also learned about how technology has changed.

Breakfast Club

We have seen some lovely team building in Breakfast Club this week. The older children have shown patience and understanding towards our younger children, which is lovely to watch. The staff were surprised the tower managed to stay upright! Well done boys.

Taylor has also been perfecting her fruit cutting skills.



Governor Parent Surgery

REMINDER

A school Governing Body provides support and challenge to a school leadership team and staff, with oversight to ensure education, financial, people and strategic management, which is managed on a day to day basis by the Academy Leadership Team, are carried out to a high standard. Most questions that you have about the school can be answered by your child's class teacher or by contacting Mr Burden.

The Governors will hold our third **parent surgery on Thursday 29th February at 08.30- 09.00 and 15.00-15.30.**

This will take place in the small hall.

What is a Governor/Parent Surgery?

A chance for parents to talk openly to Governors informally. We are always here to listen. We will be located in the small hall during the times above . If you cannot make this date we are always happy to hear from you if you have a question or comment about the Academy. Please email Carly Bucknell, Chair of Governors via admin@flitchgreen.net or contact c/o Fritch Green Academy school office.

Important Dates for Spring Term

Thursday 15th February - FFG Valentines Disco (details to follow)

Friday 16th February - Non-Pupil Day

Monday 19th February to Friday 23rd February - HALF TERM

Monday 26th February - Pupils return to school

Wednesday 6th March - Earth Class Assembly (9am)

Thursday 7th March - World Book Day (details to follow)

Monday 18th March - Year 4 Residential Information Evening (15:30)

Wednesday 20th March - Book Fair starts

Thursday 21st March - Neptune Class Assembly (9am)

Saturday 23rd March - FFG Quiz Night

Tuesday 26th March - Parents Evening (15:30-19:30)

Wednesday 27th March - Parents Evening (15:30- 17:30)

Thursday 28th March - Term finished at 1pm.

Notices

Please remember to check the 'Community' tab of our website regularly, as we upload community groups and events that we hope you may be interested in.

www.theflitchgreenacademy.co.uk

This week you can find information on:

Crossley Palmer Dance Classes

Notley Youth Football Club

Alex Hart Kaizen Karate and Kickboxing

February Half Term HAF information

MRFA February half term football camp

SCS February half term sports camp

Dunmow Carnival 2024

Braintree Dentist Information - NHS places available for children

Super Star February Half Term Sports Club

Salad Days Magazine

Kizaround Magazine

Essex Local Offer Roadshows

Are you a parent/carer of a young person with special educational needs and disabilities (SEND) and want to know what support is available in your area? Come along to one of our Essex Local Offer Roadshows.

Meet representatives from across education, health and social care as well as local support groups.

No need to book, just drop in!

Parent/carer workshops will also be running. More information to follow soon.



Scan the QR code to
find out more
information



or go to
[The Essex Local Offer Website](#)



In Partnership with



Join us...

Monday 4 March 2024

The Holiday Inn, Basildon

Thursday 7 March 2024

Hamptons Sports and Leisure,
Chelmsford

Wednesday 13 March 2024

JobServe Community Stadium,
Colchester

Tuesday 19 March 2024

The Harlow Hotel, Harlow

COMMUNITY SCHOOL NURSE DROP IN SESSIONS

Drop-in sessions held once a month around the Uttlesford District, support and advice offered by a School Nurse and the 5-19 Healthy Family Support Practitioner.

Parents can ask advice about behaviour and emotional needs, bed wetting and soiling issues plus other health needs that may be impacting on both home and school life.

SPANGLES FAMILY HUB, St John's Rd, Stansted Mountfitchet, Stansted CM24 8JP

15:30 – 17:00

9th January 2024

(Please note the date change above due to Christmas holiday)

2nd April 2024

2nd July 2024

DORDAN PAVILLION The Causeway, Dunmow CM6 2AA

15:30 – 17:00

7th February 2024

8th May 2024

SAFFRON WALDEN HOSPITAL Radwinter Rd, Saffron Walden

Clinic Room outpatients department 15:30 – 17:00

5th March 2024

4th June 2024

