

PE Subject Statement

PE Lead: Georgina Jacob

*Intelligence and skill can only function at the peak of their capacity
when the body is healthy and strong.*

John F. Kennedy

Intent

At The Flitch Green Academy, we aim to provide a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and a wide range of physical activities. Through PE, children develop important values such as fairness, respect, resilience and teamwork, while building confidence and a lifelong enjoyment of being active.

Our curriculum encourages pupils to engage in sustained periods of physical activity, both within school and beyond, through local sports clubs and wider opportunities. We strive to ensure every child develops the knowledge, skills and motivation needed to lead healthy, active lifestyles. We are committed to providing inclusive opportunities for all pupils, including access to extra-curricular sports and activities.

We encourage children to understand how their bodies work and how movement contributes to physical and mental wellbeing. Pupils are supported to set personal goals, challenge themselves and develop positive attitudes towards physical activity. Through sport, children build self-esteem, resilience and determination, learning that perseverance supports success.

Swimming is an important part of our PE curriculum. Pupils are given opportunities to develop confidence and competence in the water through swimming lessons, enabling them to meet National Curriculum expectations by the end of Key Stage 2.

Alongside PSHE and science, our PE curriculum helps children understand the importance of healthy lifestyles, including exercise, nutrition and overall wellbeing. At The Flitch Green Academy, we aim to equip children with the knowledge and skills to become physically

active citizens who value health, wellbeing and lifelong participation in physical activity.

Our PE curriculum supports children to:

- Develop competence in a broad range of physical activities
- Be physically active for sustained periods of time
- Engage in competitive sport and activities
- Lead healthy, active lives
- Build confidence, resilience and teamwork skills
- Understand the importance of physical and mental wellbeing
- Develop positive attitudes towards challenge and achievement

PE Implementation

At The Flitch Green Academy, we deliver a dynamic, varied and stimulating Physical Education curriculum that enables all children to progress physically through inspiring, inclusive and fully inclusive PE lessons. Pupils receive at least **two hours of high-quality PE each week**, ensuring regular opportunities to develop skills, confidence and enjoyment in physical activity.

We follow our PE curriculum alongside specialist support through coaching organisations and external providers. Staff have access to sports planning resources to support inclusive lesson delivery, ensuring activities meet the needs of all learners and promote progression across year groups.

Our PE curriculum is carefully sequenced to support the progression of knowledge and skills throughout each child's primary education. Pupils build upon prior learning experiences and develop increasing confidence and fluency in a range of physical activities.

We provide opportunities for pupils to engage with wider sporting experiences, including festivals, competitions and events organised through local partnerships and external providers. These experiences help children appreciate and celebrate achievement, develop resilience and foster positive attitudes towards participation and teamwork.

Physical activity is promoted beyond curriculum PE through:

- Gymnastics and movement activities
- Outdoor and adventurous challenges
- Inclusive sporting opportunities
- Extra-curricular clubs and competitions
- Whole-school sports events and themed activity weeks

Leadership opportunities are also encouraged, with older pupils developing responsibility through supporting younger children and promoting active lifestyles within the school community.

Ongoing Development Priorities

Our continued focus includes:

- Developing assessment of PE skills to ensure consistency and progression across year groups
- Supporting staff understanding of how to assess pupils effectively in PE
- Expanding opportunities through **Sports Week**, involving external providers alongside class teachers
- Continuing to strengthen inclusive practice so that all pupils can access and enjoy PE

PE Development Priorities

At The Flitch Green Academy, we are committed to continually improving the quality and impact of Physical Education through ongoing review, staff development and investment in resources.

Our current priorities include:

- **Investment in equipment** – Developing and updating indoor and outdoor equipment to enhance PE lessons and active play opportunities.
- **Lesson observations and monitoring** – Reviewing teaching and learning within PE to support consistency, progression and high-quality practice across the school.
- **Pupil voice** – Gathering children's views and experiences to help shape future PE provision and ensure activities remain engaging, inclusive and enjoyable.
- **Staff skill development** – Continuing to build staff confidence and subject knowledge through support, collaboration and training opportunities.
- **Professional development (CPD)** – Providing ongoing PE-focused training to ensure staff remain informed of current best practice and curriculum developments.

Through these actions, we aim to strengthen our PE provision and ensure all pupils experience high-quality physical education that promotes confidence, wellbeing and lifelong participation in physical activity.